

SEP 20 2021
ROOM REHUA

529 7PM

UC
TOASTMASTERS

presents student well
being and time
management
workshop.



Amy Thompson
CapeTown Psych
Honors

Check out facebook for more
details

@U-Can-Speak Toastmasters



Rameshi Parera
UC Master of
Science Candidate

Learn mental and
practical skills to care
for yourself, and excel
in a challenging and
everchanging world.



Stephen
Threadgall
project director